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Mountain Training England Safeguarding Children, Young People and Adults Policy Appendices

**Appendix A**

**Mountain Training Safeguarding Lead**

The Designated Safeguarding Lead for MTE is **Cath Luke**. Her role is to ensure that this policy is regularly updated; communicated to all staff, volunteers, and partner organisations; and to be the person that providers contact if there has been a safeguarding concern. (See Appendix D)

Concerns may also be reported to Guy Jarvis, Executive Officer MTE.

**Appendix B**

**Adult Safeguarding - Types of abuse and neglect described in the Care Act 2014**

This is not intended to be an exhaustive list but an illustrative guide as to the sort of behaviour or issue which could give rise to a safeguarding concern. The following definitions are taken from the Care Act 2014.

* **Self-neglect:** covers a wide range of behaviour: neglecting to care for one’s personal hygiene, health or surroundings, and includes behaviour such as hoarding. This could be an adult whose appearance becomes unkempt, does not wear suitable kit, shows deterioration in hygiene or doesn't care about themselves.
* **Modern slavery:** encompasses slavery, human trafficking, forced labour and domestic servitude. Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment.
* **Domestic abuse:** includes psychological, physical, sexual, financial and emotional abuse. It also includes so called 'honour' based violence. Sport participants may notice a power imbalance between a participant and a family member. For example, a participant may be looking quiet and withdrawn when one person comes to collect them from sessions, in contrast to another person whom they greet with a smile.
* **Discriminatory:** discrimination is abuse which centres on a difference or perceived difference particularly with respect to race, gender or disability or any of the protected characteristics of the Equality Act. This could be the harassing of a course participant member because they are or are perceived to be different in some way.
* **Organisational abuse:** includes neglect and poor care practice within an institution or setting such as a club for people with learning disabilities or a military training institution, for example, or in relation to groups from a college or training organisation. This may range from one-off concerns to ongoing ill-treatment. It can be through neglect or poor professional practice as a result of the structure, policies, processes and practices within an organisation. In
* **Physical abuse:** includes, for example, hitting, pushing, slapping or punching an individual, and the inappropriate use of medication, restraint or inappropriate sanctions.
* **Sexual abuse:** includes rape, sexual assault or harassment, indecent exposure, sexual grooming or coercion, inappropriate looking or touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault or sexual acts to which the adult has not consented or was pressured into consenting, e.g. a mentor who puts pressure on a person to be more "friendly" than they are comfortable with, in order to maintain a good relationship.
* **Financial or material abuse:** includes theft, fraud, internet scamming, coercion in relation to an adult’s financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions, or the misuse or misappropriation of property, possessions or benefits. This could be someone taking equipment from a participant or asking them to pay for extra training.
* **Neglect:** includes ignoring medical or physical care needs, failure to provide access to appropriate health social care or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating.
* **Emotional or Psychological abuse:** includes threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation or withdrawal from services or supportive networks.

Not included in the Care Act 2014 but also relevant:

* **Cyber bullying:** occurs when someone repeatedly makes fun of another person online or repeatedly picks on another person through emails or text messages, or uses online forums with the intention of harming, damaging, humiliating or isolating another person. It can be used to carry out many different types of bullying (such as racist bullying, homophobic bullying, or bullying related to special educational needs and disabilities) but instead of the perpetrator carrying out the bullying face-to-face, they use technology as a means to do it.
* **Forced marriage:** is a term used to describe a marriage in which one or both of the parties are married without their consent or against their will. A forced marriage differs from an arranged marriage, in which both parties consent to the assistance of a third party in identifying a spouse. The Anti-social Behaviour, Crime and Policing Act 2014 makes it a criminal offence to force someone to marry.
* **Mate crime:** as defined by the Safety Net Project is ‘when vulnerable people are befriended by members of the community who go on to exploit and take advantage of them. It may not be an illegal act but still has a negative effect on the individual.’ Mate Crime is carried out by someone the adult knows and often happens in private. In recent years there have been a number of Serious Case Reviews relating to people with a learning disability who were murdered or seriously harmed by people who purported to be their friend.
* **Radicalisation;** the aim of radicalisation is to attract people to their reasoning, inspire new recruits and embed their extreme views and persuade individuals of the legitimacy of their cause. This may be direct through a relationship, or through social media.

**Appendix C**

**Additional Guidance**

***Safeguarding Training – Children & Young People***

There is no nationally recognized standard for safeguarding training. Therefore, we do not stipulate a specific training course, or make exclusive recommendations. We strongly recommend that training is either attended in person or online, with a trainer who delivers the training live, enabling discussion and questioning. For this reason, eLearning module training is not suitable.

***Safeguarding Training – Adults***

The Ann Craft Trust, funded by Sport England, promotes and encourages the safeguarding of adults in sport and physical activity. A programme of training is delivered online. It is recommended that MTE providers, course directors and tutors, as a minimum, should view these videos, links below:

<https://www.anncrafttrust.org/resources/what-is-safeguarding/> 10 minutes

Introduction to Safeguarding Adults Video - Club Matters Sport England <https://www.youtube.com/watch?v=pCoUlhITzWM> 6mins

Providers, course directors and tutors may benefit from additional adult safeguarding training at the provider’s discretion.

**Regulated Activity**

***Definition of Regulated Activity (Children)***

These are activities that include the following: Teaching, training, instructing, caring for or supervising children; or providing guidance / advice on well-being; or driving a vehicle only for children, on a frequent basis.

Frequency: Regulated Activities are undertaken at least once a week or more often, or happen intensively on 4 or more days in a 30 day period, or overnight.

Source: <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/550197/Regulated_activity_in_relation_to_children.pdf>

***Definition of Regulated Activity (Adults)***

There is good detail here with examples: <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/216900/Regulated-Activity-Adults-Dec-2012.pdf>

**General Safeguarding Resources**

<https://learning.nspcc.org.uk/safeguarding-child-protection/writing-a-safeguarding-policy-statement>

<https://learning.nspcc.org.uk/research-resources/2019/safeguarding-child-protection-standards>

<https://www.anncrafttrust.org/resources/#sport>

***Template policies***

Child safeguarding - <https://learning.nspcc.org.uk/research-resources/templates/example-safeguarding-policy-statement>

Adult safeguarding - <https://www.anncrafttrust.org/resources/safeguarding-adults-policy-procedures-templates/>

***Adults Safeguarding training - videos***

<https://www.anncrafttrust.org/resources/what-is-safeguarding/> 10 minutes

<https://www.anncrafttrust.org/resources/a-video-introduction-to-safeguarding-adults-in-sport/> 6 minutes

Introduction to Safeguarding Adults Video - Club Matters Sport England <https://www.youtube.com/watch?v=pCoUlhITzWM> 6mins

***Other Safeguarding training***

<https://learning.nspcc.org.uk/training>

https://learning.nspcc.org.uk/training/child-protection-safeguarding-sport

<https://www.anncrafttrust.org/safeguarding-adults-sport-activity/>

<https://thecpsu.org.uk/training-events/choose-the-right-training/>