

## **Listening Skills Useful Resources:**

General Listening Skills: <https://www.skillsyouneed.com/ips/listening-skills.html>

General Listening Skills: <https://www.forbes.com/sites/womensmedia/2012/11/09/10-steps-to-effective-listening/>

General Listening Skills: <https://www.mindtools.com/CommSkll/ActiveListening.htm>

Maslow's Hierarchy of Needs - <https://www.businessballs.com/self-awareness/maslows-hierarchy-of-needs/>

The five levels of communication - **The five levels of communication** - <https://www.habitsforwellbeing.com/five-levels-communication/>

The Communications Triangle diagram - <https://edgeofstretch.wordpress.com/2011/09/19/social-media-and-the-communications-triangle-2/>

## **Listening Skills Videos:**

<https://www.youtube.com/watch?v=t2z9mdX1j4A>

<https://www.youtube.com/watch?v=x-gpFgtXCF4>

<https://www.youtube.com/watch?v=D6-MleRr1e8>

<https://www.youtube.com/watch?v=saXfavo1OQo>

<https://www.youtube.com/watch?v=A343tIP5iUA>